LIFESTYLE PROGRAM - Padre Pio, St. Anthony & St. Catherine ~ January 2018 ~				
Mon	Tue	Wed	Thu	Fri
1 New Year's Day	2	3	4	5
	10am Finn's Reserve Bus Trip	10am Rosary	9:45am La Befana Visits	10am Exercises
	10an La Befana Craft Group	10:45am Weights and Walking	11am Rosary	11am Rosary
	11am Rosary	Group	2pm Bocce	1pm St. Kilda Beach Bus Trip
	1:30pm Tombola	1pm Veneto Club Bus Trip	-	1:30pm Tombola
	-	2pm Card and Board Games		
8	9	10	11	12
10am Exercises	10am Sing along / Choir	10am Mass	10am Exercises	10am Weights & Walking Group
11am Rosary	practice	11:15am Men's group	11am Rosary	11am Rosary
1:15pm Test cricket afternoon		1pm Italian Museum Bus Trip	1pm Studley Boathouse Bus	1pm Eltham Tea House Bus
tea	1:30pm Tombola	2pm Ten Pin and other ball	Trip	Trip
2:30pm Tombola		games	2pm Milkshakes & old movies	1:30pm Tombola
15	16	17	18	19
10am Exercises	10am Four Beans Cafe Bus Trip	10am Rosary	9:30am Veneto pasta making	10am Exercises
11am Rosary	10am Laughter therapy	10:45am Weights & Walking	11am Rosary	11am Rosary
1:30pm Tombola	11am Rosary	1pm Eltham Miniature Railway	1pm Gelo Bar Bus Trip	1:30pm Tombola
	1:30pm Tombola	Bus Trip	2pm Computer class	
	2pm Men's Choir Concert	2pm Bocce	-	-
22	23	24	25	26
10am Exercises	10am Weights and Walking Group	10am Mass	10am Exercises	10am Australia Day BBQ
11am Rosary	11am Rosary	11:15pm Noodle soccer	11am Rosary	11am Rosary
1:30pm Tombola	1pm Mystery Bus Tour	2pm Social club	1pm Preston Market Bus Trip	2:30pm Australian Movie
I	1:30pm Tombola		1:30pm Tombola	Screening
29	30	31		
10am Exercises	10am Men's Group	10am Mass		
11am Rosary	11am Rosary	11am Carnevale Craft Group		
1:30pm Tombola	1:30pm Tombola	2pm January Birthday Party		