


LIFESTYLE PROGRAM - St. Claire's

~ December 2017 ~

Mon	Tue	Wed	Thu	Fri
				1 10am Dancing and Singing 1pm Card Games 2pm Movie and Gelato
4 10am Exercises and Ball Games 1pm Folding and sorting group 2pm Art and Craft Group	5 10am Bocce 1pm Walking Group 2pm Movie and gelato	6 10am Coffee Club 1pm Beauty therapy Group	7 10am Memory Games 10am Gelato Bus Trip 1pm Ipad discovery 2pm House Keeping Group	8 10am Dancing and Singing 1pm Puzzle Club 2pm Ten Pin Bowling
11 10am Bocce 1pm Cooking Group	12 10am Sing along and storytelling 1pm Wildlife Bus Trip 2pm Crochet and knitting club 2p-3p Ipad discovery	13 10am Conductasise 1pm Doll therapy 2pm Travel reminiscence	14 10am Coffee Club 1pm Men's Group 2pm Ten Pin Bowling	15 10am Dancing and Singing 1pm Walking Group 2pm Movie and gelato
18 10am Exercises and Ball Games 1pm Floor Tombola 2pm Hand massages	19 10am Memory Games 1pm Cooking Group	20 10am Mass 1pm House Keeping Group 2pm Puzzle club	21 10am Christmas discussion and party setup 1pm Bundoora/Lookout Bus Trip 2pm St Claire's Christmas party	22 10am Dancing and Singing 1pm Card Games 2pm Family photo discussion group
25 Christmas	26 Boxing Day	27 10am Table bobs 1pm Mystery Tour Bus Trip 2pm December Birthday Party 2p-3p Hand massages	28 10am Coffee Club 1pm Ipad discovery 2pm Beauty therapy	29 10am Dancing and Singing 1pm Walking Group 2pm Darts and hooks group