

LIFESTYLE PROGRAM - St. Francis

~ December 2017 ~

Mon	Tue	Wed	Thu	Fri
				1 10am Sing along and discussion 1:45pm Christmas Craft
4 10am Snakes and Ladders 1:45pm Knitting and sewing Group	5 10am Laughter therapy 1:45pm House Keeping Group	6 10am Mass 10:45am Balloon Games 1:45pm Art and Craft Group	7 10am Memory Games 1pm Gelato Bus Trip 1:45pm Card games and table games	8 10am Music and sing along group 1:45pm Movie and gelato
11 10am Coffee Club 1:45pm Hand Massages	12 10am Christmas discussion and party setup 10am Wildlife Bus Trip 2pm St Francis Christmas party	13 10am Tombola 1:45pm Afternoon tea in the garden	14 10am Exercise Group and ball games 1:45pm Movie and gelato	15 10am Travel reminiscence 1:45pm Art and Craft Group
18 10am Ten Pin Bowling 1:45 House Keeping Group	19 10am Exercise Group and ball games 1:45pm Bocce	20 10:30am Present wrapping and card writing 1:45pm Cooking Group	21 10am Coffee Club 10am Bundoora/Lookout Bus Trip 1:45pm Beauty therapy	22 10am Tombola 1:45pm Movie and gelato
25 Christmas	26 Boxing Day	27 10am Bocce 10am Mystery Tour Bus Trip 2pm Birthday Party	28 10am Music and sing along group 1:45pm Afternoon tea in the garden	29 10am Card games and table games 1:45pm Movie and gelato