

LIFESTYLE PROGRAM - Padre Pio, St. Anthony & St. Catherine

~ February 2018 ~

Mon	Tue	Wed	Thu	Fri
			1 9:45am Piedmont Traditional Cooking 11am Rosary 1pm Mill Park Library Bus Trip 2pm Card Games Group	2 9:45am Exercises 10:20am Italian music 11am Rosary 1pm Edendale Farm Bus Trip 1:30pm Tombola
5 9:45am Exercises 10:20am Italian music during morning tea 11am Rosary 1:30pm Tombola	6 9:45am Weights and walking group 10:20am Italian music 11am Rosary 1pm Gelo Bar Bus Trip 1:30pm Tombola	7 10am Rosary 10:45am Card Games Group 11:30am Hydrotherapy Bus Trip 2pm Carnevale Party	8 9:45am Exercises and men's group 10:20am Italian music 11am Rosary 11:45am Lower Plenty Bus Trip 2pm Bocce or computer class	9 9:45am Weights and walking group 10:20am Italian music during morning tea 11am Rosary 1:30pm Tombola
12 9:45am Exercises 10:20am Italian music during morning tea 11am Rosary 1:30pm Tombola	13 9:45am Weights and walking group 10:20am Italian music 11am Rosary 1pm Triannual NGV Bus Trip 1:30pm Tombola or computer class	14 10am Mass 11am Choir practice 11:30am Hydrotherapy Bus Trip 2:30am Movie and gelato	15 9:45am Exercises 10:20am Italian music during morning tea 11am Rosary 2pm Valentine's Day Party	16 10am Chinese New Year Morning tea Red 11am Rosary 1pm Veneto Club Bus Trip 1:30pm Tombola
19 9:45am Exercises 10:20am Italian music during morning tea 11am Rosary 1:30pm Tombola	20 10am Westerfolds Bus Trip 10:45am St Patrick's Day Craft 11:20am Italian music 11am Rosary 1:30pm Tombola or Men's Choir	21 10am Rosary 10:45am Cards Games Group 11:30am Hydrotherapy Bus Trip 2pm Ice cream and scenic bus trip	22 10am Exercises 11am Rosary 1pm Migrant Story Interviews 2:30pm Bocce	23 9:45am Weights and walking group 10:20am Italian music 11am Rosary 1pm St. Kilda Bus Trip 1:30pm Tombola or computer class
26 9:45am Exercises 10:20am Italian music during morning tea 11am Rosary 1:30pm Tombola	27 9:45am Strawberry Preparation 10:20am Italian music 11am Rosary 1pm Boulevard Cafe Bus Trip 1:30pm Tombola 3pm Strawberry cake decorating	28 10am Mass 11am Weights and walking group 11:30am Hydrotherapy Bus Trip 2pm February Birthday Party	 ASSISI CENTRE INC. An Italian-Australian Community Project	