

LIFESTYLE PROGRAM - St. Francis

~ February 2018 ~

Mon	Tue	Wed	Thu	Fri
			1 10am Morning tea in the courtyard 1:15pm Rosary 1:45pm Carnevale Craft	2 10am Bocce 1:15pm Rosary 1:45pm Poster art
5 10am Ten Pin Bowling 10:45am Hand Massage 1:15pm Rosary 1:45pm Men's group	6 10am Morning tea in the garden 1:15pm Rosary 1:45pm Pasta making	7 10am Mass 10:45am Tombola 1:15pm Carnevale Party or beauty therapy 2:30pm Movie and gelato	8 10am Coffee Club 1:15pm Rosary 1:45pm Doll therapy and puzzle club	9 10am Balloon Tennis 1pm Bundoora Tour Bus Trip 1:15pm Rosary 1:45pm Gardening Group 3pm News update and Il globo
12 10am Table bobs 10:45am Travel discussion 1:15pm Rosary 1:45pm Valentine's Day Craft	13 10am Coffee Club 1:15pm Rosary 1:45pm Sing along 2:45pm Puzzle club	14 10am Gentle exercises and Outdoor walks 10:45am Tombola 1:15pm Rosary 1:45pm Laughter therapy & poetry	15 10am Yan Yean Bus Tour 10am Number tombola 1:15pm Rosary 1:45pm Valentine's Day Party or beauty therapy	16 11a-12:30p Bocce 2:15p-2:45p Rosary 2:45p-3:30p Movie and gelato
19 10am Gentle exercises 10:45am Tombola 1:15pm Rosary 1:45p House keeping Group	20 10am Dominos and memory games 1:15pm Rosary 1:45pm Men's Choir or Beauty therapy	21 10am Morning tea in the garden 2pm Ice cream & scenic bus trip 1:15pm Rosary 1:45pm Sing along 2:45pm St. Patrick's Day Craft	22 10am Ball games & individual visits 10:45am Migrant Story Interviews 1:15pm Rosary 2:45pm Cooking group	23 10am Weights group and outdoor walks 11:45am Hand Massages 1:15pm Rosary 1:45pm Card Games 2:45pm Snakes and ladders
26 10am Balloon Tennis 1:15pm Rosary 1:45pm Fruit art group	27 10am Warrandyte Bus Trip 11am Table bobs 1:15pm Rosary 1:45pm Ipad discovery 2:45pm Sing along	28 10am Number tombola 10:45am Travel discussion 1:15pm Rosary 1:45pm February Birthday Party 2:45pm Easter craft		