

LIFESTYLE PROGRAM - St. Claire

~ March 2018 ~

Mon	Tue	Wed	Thu	Fri
			1 10am Laughter therapy and singalong 1pm Newspaper discussion 2pm Movie and gelato	2 10am Dancing and Singing 1pm Memory/Sensory games 2pm Men's Group/Gardening Group
5 10am Coffee Club 1pm Easter craft 2:30pm Hand Massages	6 10am Morning tea in the garden 10:45am Balloon Tennis 1pm Pasta Making	7 10am Ten Pin Bowling 1pm Puzzle Group 2pm Men's Group/Gardening Group	8 10am Dancing and Singing 1pm Card Games 2pm Floor tombola	9 10am Eltham Tour 10am Travel discussion 2pm Movie and gelato
12 Labour Day	13 10am Bocce 1pm Card Games 2pm Men's Group/Gardening Group	14 10am Bundoora Tour 10am Music based exercises 10:45am Beauty therapy 1pm Easter craft or St. Patrick's Day Event	15 10 Morning Tea in the garden 10:45am Tombola 1pm Memory/Sensory games 2pm Movie and gelato	16 10am Dancing and Singing 1pm Puzzle Group 2pm Darts and Quoits
19 10am Making a Fruit Platter 1pm Easter Craft 2:30pm Hand massage	20 10am Fairfield Park Tour 10am Balloon Tennis 1pm Pasta Making or Men's Choir	21 10am Mass 10:45am Laughter therapy 1pm Card Games 2pm Garden walks and Animal Farm Visits	22 10am Ten Pin Bowling 10:45am Newspaper update 1pm Table bobs 2pm Men's Group/Gardening Group	23 10am Dancing and Singing 1pm Floor Tombola 2pm Movie and gelato
26 10am Balloon Tennis 10:45am Monthly BBQ 1pm House keeping group	27 10am Ten Pin Bowling 10:45am Men's Group/Gardening Group 1pm Puzzle Group 2pm Darts and Quoits	28 10am Music based exercises 10:45am Hand Massage 1pm Memory/Sensory games 2pm March Birthday Party	29 10am Dancing and Singing 10:30am Migrant Story Filming 1pm Card Games 2pm Movie and gelato	30 Good Friday

