

LIFESTYLE PROGRAM - St. Francis

~ March 2018 ~

Mon	Tue	Wed	Thu	Fri
			1 11am Bocce 2:45pm Family and Photo reminiscence 3pm Card Games	2 10am Sing along group and discussion group 1:45pm Afternoon tea in the garden 3pm House Keeping Group
5 10:00am Ten Pin Bowling 10:45am Hand Massage 1:45pm Movie and gelato 3:00pm Hooks & Darts Games	6 10am Tombola (A) 1:45pm Easter Craft 3:15pm Beauty therapy	7 10am Mass 10:45am Weighted exercises 1:45pm Social Group or afternoon tea in the garden	8 10am Balloon Tennis 1:45pm I pad discovery 3pm Memory Games	9 10am Eltham Tour 10am Coffee Club 2:30pm Floor Tombola
12 Labour Day	13 10am Sing along group 1:45pm Snakes and ladders and dominos 3pm House Keeping Group	14 10am Bundoora Tour 10am Travel & news discussion 1:45pm Table bobs 3pm Card Games	15 10am Music based exercises 1:45pm Afternoon tea in the garden 3pm Puzzle club	16 10:00am Poetry Reading 10:45am Hand Massage 1:45pm Pasta Making
19 10am Balloon Games & BBQ 1:45pm History Wheel Chair Tours 3pm Men's Group	20 10am Fairfield Park Tour 10am Memory Games 1:45pm I pad discovery 2:30pm Photo reminiscence or Men's Choir	21 10am Bocce 10:45am Hand Massages 1:45pm Easter Craft or Animal farm visits	22 10am Tombola 1:45pm Movie and gelato 3pm Hooks and Darts Games	23 10am Coffee Club 1:45pm Beauty therapy 3pm House Keeping Group
26 10am Ten Pin Bowling 10:45am Hand Massages 1:45pm Afternoon tea in the garden 3pm Snakes/ladders & dominos	27 10am Balloon Tennis 1:45pm Italian Cooking	28 10am Sing along group and discussion group 1:45pm March Birthday Party 3pm House Keeping Group	29 9am Migrant Story Filming 10am Weighted exercises and ball games 1:45pm Card Games 2:30pm Puzzle Club	30 Good Friday



An Italian-Australian Community Project