


## LIFESTYLE PROGRAM - St. Claire

~ April 2018 ~

Mon	Tue	Wed	Thu	Fri
<p><b>2</b> Easter Monday</p> 	<p><b>3</b></p> <p>10am Coffee Club</p> <p>1pm Craft Group</p> <p>2pm Bocce</p>	<p><b>4</b></p> <p>10am Gentle exercises</p> <p>10:45am Outdoor walks</p> <p>1pm Men's Group: Chicken hutch planning</p> <p><b>2pm Easter Party</b> or Ten Pin Bowling</p>	<p><b>5</b></p> <p>10am Dancing and singing group</p> <p>1pm Flower craft</p> <p>2pm Gardening and afternoon tea in the garden</p>	<p><b>6</b></p> <p>10am Balloon tennis</p> <p><b>10am Warrandyte Bus Trip</b></p> <p>1pm Hand massages</p> <p>2pm Movie and gelato</p>
<p><b>9</b></p> <p>10am Gardening and morning tea in the garden</p> <p>1pm Card Games</p> <p>2pm Tombola</p>	<p><b>10</b></p> <p>10am Movement to music</p> <p>10:45am Memory Games</p> <p>1pm Making a fruit platter</p> <p>2:30pm Photo discussion and reminiscence</p>	<p><b>11</b></p> <p><b>10am Darebin Bus Trip</b></p> <p>10:30am Balloon Tennis</p> <p>1pm Puzzle club</p> <p><b>2pm World Parkinson Event</b> or Movie &amp; Gelato</p>	<p><b>12</b></p> <p>10am Conductacise</p> <p>10:45am Mystery box game</p> <p>1pm I pad discovery</p> <p>2pm Floor Tombola</p>	<p><b>13</b></p> <p>10am Dancing and singing group</p> <p><b>1pm Traditional cooking</b></p>
<p><b>16</b></p> <p>10am Bocce</p> <p>10:45am Men's Group: Cleaning the BBQ</p> <p>1pm Hand massages</p> <p>2pm Movie and gelato</p>	<p><b>17</b></p> <p>10am Gardening and morning tea in the garden</p> <p>10:45am Floor bobs</p> <p>1pm Housekeeping group or <b>Men's Choir Concert</b></p>	<p><b>18</b></p> <p><b>10am Mass</b></p> <p>10:45am Card Games</p> <p>1pm Pasta making</p>	<p><b>19</b></p> <p>10am Gentle exercises</p> <p>10:45am Ten Pin Bowling</p> <p><b>1pm Bundoora Bus Trip</b></p> <p>1pm Puzzle Club</p> <p>2pm Beauty therapy</p>	<p><b>20</b></p> <p>10am Dancing and singing group</p> <p>1pm Travel discussion group</p> <p>2pm Movie and gelato</p>
<p><b>23</b></p> <p>10am Balloon tennis</p> <p>11am I pad discovery</p> <p>1pm Photo craft group</p>	<p><b>24</b></p> <p>10am Movement to music</p> <p>10:45am Memory games</p> <p>1pm Hand massage</p> <p>2:30pm Floor tombola</p>	<p><b>25</b> Anzac Day</p> <p>10am Dancing and singing group</p>	<p><b>26</b></p> <p>10am Conductacise</p> <p><b>10am Eltham Bus Trip</b></p> <p>1pm Card Games</p> <p><b>2pm March Birthday Party</b></p>	<p><b>27</b></p> <p>10am Bocce</p> <p>1pm Housekeeping group</p> <p>2:30pm Photo discussion and reminiscence</p>
<p><b>30</b></p> <p>10am Gardening and morning tea in the garden</p> <p>1pm Hand massage</p> <p>2pm Movie and gelato</p>				