


LIFESTYLE PROGRAM – St. Francis

~ April 2018 ~

Mon	Tue	Wed	Thu	Fri
<p>2 Easter Monday</p> 	<p>3</p> <p>10am Gentle exercises</p> <p>11am Ball Games</p> <p>1:45pm Easter Craft</p>	<p>4</p> <p>10am Mass</p> <p>10:45am Sing along</p> <p>1:45pm Easter Party or beauty therapy</p>	<p>5</p> <p>10am News update and laughter therapy</p> <p>1:45pm Afternoon tea in the garden</p> <p>3pm Card Games</p>	<p>6</p> <p>10am Warrandyte Bus Trip</p> <p>10am Snakes and ladder and dominoes</p> <p>1:45pm Puzzle Club</p> <p>2:15pm Movie and gelato</p>
<p>9</p> <p>10am Hand massage</p> <p>1:45pm Doll therapy</p> <p>3pm Crochet Group</p>	<p>10</p> <p>10am Coffee Club</p> <p>1:45pm Flower craft</p>	<p>11</p> <p>10am Darebin Bus Trip</p> <p>10am Tombola</p> <p>1:45pm Movie and gelato</p>	<p>12</p> <p>10am Weighted exercises</p> <p>10:30am Memory games</p> <p>1:45pm Afternoon tea in the garden</p> <p>3pm Floor tombola</p>	<p>13</p> <p>10am Gentle exercises and balloon games</p> <p>1:45pm Fruit sculpture making</p>
<p>16</p> <p>10am Balloon Tennis</p> <p>1:45pm Travel reminiscence</p> <p>3pm House Keeping Group</p>	<p>17</p> <p>10am Sing along</p> <p>1:45pm Men's choir or Movie & Gelato</p> <p>3pm Hand massage</p>	<p>18</p> <p>10:30am News update and laughter therapy</p> <p>1:45pm Photo craft group</p> <p>3pm Chicken coop discussion</p>	<p>19</p> <p>10am Puglia Cultural Group or News update</p> <p>1pm Bundoora Bus Trip</p> <p>1:45pm Bocce</p> <p>3pm Card Games</p>	<p>20</p> <p>10am Coffee Club</p> <p>1:45pm Photo paper craft</p> <p>3pm Memory box game</p>
<p>23</p> <p>10am Hand massage</p> <p>1:45pm Traditional cooking</p>	<p>24</p> <p>10:45am Gentle exercises and balloon games</p> <p>2pm Travel reminisce Group</p>	<p>25 Anzac Day</p>	<p>26</p> <p>10am Eltham Bus Trip</p> <p>10am News update and laughter therapy</p> <p>1:45pm April Birthday Party</p> <p>3pm Hooks and darts game</p>	<p>27</p> <p>10am Sing along</p> <p>1:45pm Afternoon tea in the garden</p> <p>2:45pm Snakes and ladder and dominoes</p>
<p>30</p> <p>10am Travel reminiscence</p> <p>1:45pm Craft Group</p> <p>2:30pm Movie and Gelato</p>				