

LIFESTYLE PROGRAM – St. Claire

~ May 2018 ~

Mon	Tue	Wed	Thu	Fri	
	1 10am Mystery Box Game 10:45am Gentle exercises 1pm Card Games 2pm Ten Pin Bowling	2 10am Tombola 1pm Hand massages 2pm St Catherine's Social Group or Gardening Group	3 10:30am Movement to music 1pm Il Globo Update 2:30pm Housekeeping Group	4 10am Singalong and dancing program 1pm Puzzle Club 2pm Bocce	
	7 10am Beauty therapy 1pm Card Games 2pm Housekeeping Group	8 10am Table bobs 10:45am Gentle exercises 1pm Photo discussion and reminiscence 2pm Movie and gelato	9 10am Memory Games 10am Studley Park Bus Trip 10:45am Hooks and Quoits 1pm Men's Group 2pm Bocce	10 10am Reading Group 10:45am Movement to music 1pm Gardening Group 2:30pm Ipad discovery	11 10am Singalong and dancing program 1pm Fruit platter making
	14 10am Tombola 1pm Mother's Day High Tea	15 10am Il globo update 10:45am Movement to music 1pm Card Games 2pm Men's Choir or Ten Pin Bowling	16 10am Reading Group 10:30am Ball Games 1pm Hand massages 1pm Warrandyte Bus Trip 2pm Bocce	17 10am Coffee Club 1pm Puzzle Club 2pm Housekeeping Group	18 10am Singalong and dancing program 1pm Italian Craft 2:30pm Gardening Group
	21 10am Ipad discovery 10:45am Gentle exercises 1pm Card Games 2pm Housekeeping Group	22 10am Bundoora Park Bus Trip 10am Memory Games 10:45am Gentle exercises 1pm Traditional Cooking	23 10am Mass 10:45am Mystery Box Game 1pm Hand Massages 2:30pm Gardening Group	24 10am Table bobs 10:45am Movement to music 1pm Photo discussion and reminiscence 2pm Bocce	25 10am Singalong and dancing program 1pm Men's Group 2pm Movie and gelato
28 10am Puzzle Club 10:45am Hand massages 1pm Travel corner 2pm Italian Craft	29 10am Reading Group 10:45am Movement to music 1pm Card Games 2pm Ten Pin Bowling	30 10am Banyule Parklands BT 10am Tombola 1pm Puzzle Club 2pm May Birthday Party	31 10am Italian Republic Morning Tea 1pm Gardening Group 2pm Bocce		