

## LIFESTYLE PROGRAM - St. Francis

~ July 2018 ~

Mon	Tue	Wed	Thu	Fri
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
10am Hand Massages	10am Colour Match Games	<b>10am Mass</b>	10:30am Balloon Tennis	10am Coffee Club
1:45pm Weekly Quiz	1:45pm Bocce	10:45am Singalong	1:45pm Sewing Group	1:45pm Musical Afternoon
2:45pm Floor Bobs	<b>3pm World Cup Screening</b>	1:45pm Board Games	3pm Puzzle Club	3pm Making Bastille Day Decorations
		3pm Housekeeping group		
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
10am Floor Tombola	10am Gentle exercises	<b>10am Eltham Bus Tour</b>	10am Tai Chi	10am Beauty therapy
1:45pm Travel discussion	10:30am Ball games	10am Tombola	1:45pm Weekly Quiz	1:45pm Ten Pin Bowling
3pm Wool and knitting group	1:45pm Fruit art and other cooking	<b>1:45pm Basile Day</b> or <b>2:30pm Pasta Making</b>		2:30pm Card making and other craft
		Movie Screening		
		3pm Card Games		
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10am Laughter therapy	10am Balloon Tennis	10am Tombola	10am Colour Match Game	10am Hand massages
<b>1:45pm Migrant reminiscence</b>	1:45pm Weekly Quiz	1:45pm Sewing Group	<b>10am Yan Yean Bus Tour</b>	1:45pm Board Games
3pm Puzzle Club	3pm Housekeeping Group	3pm Bocce	<b>1:45pm Winter Party</b> or <b>Movie Screening</b>	3pm Sensory group
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10am Coffee Club	10am Balloon Tennis	<b>10am Coburg bus tour</b>	10am Ten Pin Bowling	10am Beauty therapy
1:45pm Musical afternoon	1:45pm Mystery Box	10am Tombola	1:45pm Weekly Quiz	1:45pm Family reminiscence
3pm Housekeeping Group	3pm Ferragosto craft	<b>1:45pm Italian Cooking</b>	3pm Floor Tombola	3pm Doll therapy
		3pm Puzzle Club		
<b>30</b>	<b>31</b>			
10am Tai Chi	<b>10am Carlton bus tour</b>			
1:45pm Board Games	10am Colour Match Game			
3pm Hand massages	<b>1:45pm Students Concert</b> or <b>Movie Screening</b>			
	3pm Floor bobs			