

LIFESTYLE PROGRAM – St. Francis

~ June 2018 ~

Mon	Tue	Wed	Thu	Fri
				1 9:45am Aromatherapy hand massages 10:45am Il Globo discussion 1:45pm Bocce 2:30 Sing along
4 10am Floor Tombola 2pm Sing along and discussion 3pm Puzzle Club	5 10am Movement to Music 1:45pm Ten Pin Bowling 2:45pm Memory Games	6 10am Mass 10:45am Beauty therapy 1:45pm Pasta Making	7 10am Carlton Bus Tour 10:15am Tombola 1:45pm Card and dominos 3pm Weekly Quiz	8 10am Parlour and board games 1:45pm Movie and gelato 3pm House Keeping Group
11 	12 10am Coffee Club 1:45pm Movie and Gelato 3pm Weekly Quiz	13 10am Studley Park Bus Tour 10am Tombola 1:45pm Craft Group	14 10am Movement to Music 1:45pm Family reminiscence Group 3pm Memory Games	15 10am Hand Massages 1:45pm Balloon Tennis 3pm Puzzle Club
18 10am Tombola 1:45pm Card and dominos 3pm Mystery box	19 10am Sing along and discussion 1:45pm Movie and hot chocolate 3pm House Keeping Group	20 10am Beauty therapy 10am Research Bus Tour 1:45pm Sing along and discussion 3pm Craft Group	21 10a. Movement to Music 1:45pm Table bobs 3pm Weekly Quiz	22 10am Balloon Tennis 1:45pm Fruit art 3pm Puzzle Club
25 10am Coffee Club 1:45pm House Keeping Group 3pm Travel discussion	26 10am City Bus Tour 10am Movement to Music 1:45pm Movie and hot chocolate 3pm Memory Games	27 10am Tomato Sauce Making 1:45pm June Birthday Party 2:45pm Tomato Sauce Bottling	28 10am Tombola 1:45pm Craft Group	29 10am Hand massages 1:45pm Mystery Box 3pm Weekly Quiz