

LIFESTYLE PROGRAM - Padre Pio, St. Anthony & St. Catherine
 ~ August 2018 ~

Mon	Tue	Wed	Thu	Fri	
		1 10am Edward Park Lake Bus Trip 10am Rosary 10:45am Cards Group 2pm Social Group	2 9:45am Gentle Exercises and Italian Music 10am Wesley Bus Trip 11am Rosary 2:15pm Bocce	3 9:45am Tai Chi 11am Rosary 1pm Museo Italiano Bus Trip 1:30pm Tombola	
	6 9:45am Exercises and walking group 11am Rosary 1:30pm Tombola	7 9:45am Weights exercises and Choir Practice 11am Rosary 1:30pm Tombola	8 10am Rosary 10:45am Noodle Soccer 1pm Veneto Bus Trip 1:30pm Bocce	9 9:45am Gentle Exercises and Italian music 10am Yan Yean Bus Trip 11am Rosary 2pm Cards Group	10 9:45am Mini Golf in St. Catherine 11am Rosary 1pm Shopping Bus Trip 1:30pm Tombola
	13 9:45am Exercises and walking group 11am Rosary 1:30pm Tombola	14 9:45am Weights exercises and Italian music 11am Rosary 1:30pm Genazzano College Visits	15 10am Lourdes Mass 12:30pm Indian Independence Day Lunch 1:30pm Albert Park Bus Trip 2:30pm Indian Day Screening 2:30pm Tombola	16 9:45am Tai Chi 10am City Tour 11am Rosary 2pm Ferragosto Party	17 9:45am Gentle Exercises and Italian music 11am Rosary 1pm Stonehouse Cafe Bus Trip 1:30pm Tombola
	20 9:45am Exercises and walking group 11am Rosary 1:30pm Tombola	21 9:45am Weights exercises and choir practice 10am Eltham Tour Bus Trip 11am Rosary 2pm Men's Choir	22 10am Mass 1pm Lawn Bowling Bus trip 2pm Tombola	23 9:45am Venice Cooking 11am Rosary 1:30pm Opera/Veneto Day	24 9:45am Gentle Exercises and Italian music 11am Rosary 1pm Art Exhibition Bus Trip 1:30pm Tombola
27 9:45am Exercises and walking group 11am Rosary 1:30pm Tombola	28 9:45am Weights exercises and Italian music 11am Rosary 1pm Pellegrini's Bus Trip 1:30pm Tombola	29 10am Boulevard Cafe Bus Trip 10am Mass 11am Cards Group 2pm August Birthday Party	30 9:45am Gentle Exercises and Italian music 11am Rosary 1:30pm Senior Style Shop Open	31 9:45am Tai Chi 11am Rosary 1pm Williamstown Bus Trip 1:30pm Tombola	