


LIFESTYLE PROGRAM - St. Francis

~ August 2018 ~

Mon	Tue	Wed	Thu	Fri
	Rosary daily at 1:15pm	1	2	3
		10am Mass	10am Tombola	10am- Tombola
		10:45am Beauty therapy	1:45pm Sing along and news update	1:45pm Movie Screening/Gelato
		1:45pm Social Group or Arts and Craft Group	3pm Puzzles & memory games	3pm Ten Pin Bowling
6	7	8	9	10
10am Coffee Club	10am- Movement to music	10:45am Hand Massages	10am St. Francis antipasto day	10am Bocce
1:45pm Darts Games	1:45pm Weekly quiz	1:45pm Arts and Craft Group	1:45pm Snakes and Ladders	1:45pm Movie Screening/Gelato
2:30pm Housekeeping group	3pm Floor Tombola	3pm Table bobs	3pm Family Reminiscence	3pm Puzzles & memory games
13	14	15	16	17
10am Balloon Tennis	10am Tombola	10am Gentle Exercises and Ball Games	10am Bocce	10am Ferragosto Morning Tea
1:45pm Sing along and news update	1:45pm Pasta Making	1:45pm Arts & Craft Group	1:45pm Father's Day Craft	1:45pm Movie/Gelato
3pm Beauty therapy		3pm Weekly quiz	3pm Housekeeping group	3pm Colour Match Game
20	21	22	23	24
10am Coffee Club	10am Gentle Exercises and Ball Games	10am-Tombola	10am Movement to music	10am Beauty therapy
1:45pm Poetry reading	1:45pm Weekly quiz	1:45pm Arts and Craft Group	10am Studley Park Bus Trip	1:45pm Balloon Tennis
2:30pm Puzzle Club and memory games	3pm Hand massage	3pm Floor Tombola	1:45pm Opera Concert or Movie Screening/Gelato	3pm Father's Day Craft
			3pm Housekeeping group	
27	28	29	30	31
10am Bocce	10am Travel reminiscence	10am Snakes & ladders game	10am Carlton Tour Bus Trip	10am- Tombola
1:45pm Sing along and news update	1:45pm Card Games	1:45 pm Arts and Craft	10am Colour Match Game	1:45 pm Balloon Tennis
3pm Housekeeping group	3pm Ten Pin Bowling	2:30 pm August Birthday Party	1:45 pm Movie/Gelato	3pm Hand massage
			3pm Puzzles & Memory games	