


LIFESTYLE PROGRAM - St. Claire

~ September 2018 ~

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10am Beauty	10am Bocce	10am Coffee Club	10am Yan Yean Bus Trip	10am Music and Dancing
1pm Puzzle Group	1pm Hand massages	1pm Tombola	10:15am Reading Group and reminiscence group	1pm Poetry reading and laughter club
2pm Balloon Tennis	2pm Darts and mini golf	2pm Colour match game	1pm Puzzle Club	2pm Ten Pin Bowling
3:30pm Rosary	3:30pm Rosary	3:30pm Rosary	2pm Bocce	3:30pm Rosary
			3:30pm Rosary	
10	11	12	13	14
10am Beauty	10am Exercises	10am Research Bus Tour	10am Reading Group	10am Music and Dancing
1pm Card Games	10:45am Floor Bobs	10am Coffee Club	10:45am Mystery box	1pm Quoits and ball games
2pm Floor Tombola	1pm Gardening & walking	1pm Tombola	1pm Puzzle Club	2pm Ten Pin Bowling
3:30pm Rosary	2pm Movie Screening & gelato	2pm Balloon Tennis	2pm Bocce	3:30pm Rosary
	3:30pm Rosary	3:30pm Rosary	3:30pm Rosary	
17	18	19	20	21
10am Beauty	10am Bocce	10am Mass	10am Reading Group	10am Music and Dancing
1pm Housekeeping group	1pm Puzzle Club	10:45am Poetry reading and laughter club	10:45am Card Games	1pm Craft Group
2pm Floor Bobs	2pm Colour match game	1pm Tombola	1pm Gardening and walking	1pm Carlton Bus Tour
3:30pm Rosary	3:30pm Rosary	2pm Balloon Tennis	2pm Bocce	2pm Ten Pin Bowling
		3:30pm Rosary	3:30pm Rosary	3:30pm Rosary
24	25	26	27	28
10am Beauty	10am Exercises	10am City Bus Tour	10am Reading Group	
1pm Puzzle Club	10:45am Floor Bobs	10am Coffee Club	10:45am Card Games	
2pm Balloon Tennis	1pm Mystery box	1pm Tombola	1pm Gardening and walking	
3:30pm Rosary	2pm Movie and gelato	2pm Colour match game	2pm Bocce	
	3:30pm Rosary	3:30pm Rosary	3:30pm Rosary	