

LIFESTYLE PROGRAM - St. Francis

~ October 2018 ~

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
10am Beauty	10am Bocce	10am Tombola	10am Coffee Club	10am Singalong
1:15pm Rosary	1:15pm Rosary	1:15pm Rosary	1:15pm Rosary	1:15pm Rosary
1:45pm House Keeping Group	1:45pm Afternoon tea in the piazza	1:45pm Snakes and ladders	1:45pm Hand massage	1:45pm Movie and gelato
3pm Puzzle Club	3pm Quoits and Darts	3pm Weekly Quiz	3pm Croquet and Knitting Group	3pm Armchair travel
8	9	10	11	12
10am Beauty	10am Balloon tennis	10:45am Exercise and ball games	10am Spanish craft	10am Tombola
1:15pm Rosary	1:15pm Rosary	1:15pm Scrapbooking Group	1:15pm Rosary	1:15pm Rosary
1:45pm House Keeping Group	1:45pm Movie and gelato	3pm Mass /Rosary	1:45pm Spanish social club or ten pin bowling	1:45pm Traditional Italian cooking
3pm Poetry reading	3pm Floor bobs		1:45pm Spanish trivia game	
15	16	17	18	19
10am Singalong	10am Coffee Club	10am Tombola	10am Art and Craft	10am Beauty
1:15pm Rosary	1:15pm Rosary	1:15pm Rosary	1:15pm Rosary	1:15pm Rosary
1:45pm House Keeping Group	1:45pm Movie and gelato	1:45pm Bocce	1:45pm Afternoon tea in the piazza	1:45pm Balloon tennis
3pm Hand Massage	3pm Colour match game	3pm Weekly Quiz	3pm Quoits and Darts	3pm Puzzle Club
22	23	24	25	26
10am Exercise and ball games	10am Knitting group	10am Tombola	10am Ten pin bowling	10am Beauty
1:15pm Rosary	1:15pm Rosary	1:15pm Rosary	1:15pm Rosary	1:15pm Rosary
1:45pm Laughter therapy	1:45pm Hand massage	1:45pm House Keeping Group	1:45pm Pasta making	1:45pm Movie and gelato
3pm Croquet and Knitting Group	2:30pm Floor bobs	3pm Weekly Quiz		3pm Colour match game
29	30	31		
10am Singalong	10am Coffee Club	10am Tombola		
1:15pm Rosary	1:15pm Rosary	1:15pm Rosary		
1:45pm Bocce	1:45pm Balloon tennis	1:45pm October Birthdays		
3pm Housekeeping	3pm Puzzle Club	3pm Weekly Quiz		