

LIFESTYLE PROGRAM - Padre Pio, St. Anthony & St. Catherine

~ November 2018 ~

Mon	Tue	Wed	Thu	Fri
			1 9:30am Making Arancini 11am Rosary 1pm Warrandyte Tour Bus Trip 1:30pm Social Club	2 10am Boulevard Cafe Bus Trip 10am Gentle exercises and walking group 11am Rosary 1:30pm Tombola 3pm All Souls Mass
5 10am Gentle exercises & Men's Group 11am Rosary 1:30pm Tombola	6 11am Rosary 1pm Melbourne Cup Party	7 9:30am Diwali Cooking 12pm Diwali 3pm Rosary	8 10am Gentle exercises and walking group 11am Rosary 1pm Abbotsford Convent BT 1:30pm Tombola	9 10am Card Games 11am Rosary 1:30pm Il Pom Cafe Bus Trip 1:30pm Tombola
12 10am Gentle exercises & Men's Group 11am Rosary 1:30pm Tombola	13 10am Memory/Word Games 11am Rosary 1pm Shopping Bus Trip 1:30pm Tombola 2pm Men's Choir	14 10am Exercises with weights & Walking Group 11:30am Lantern festival BBQ and concert 3pm Rosary and Mass	15 10am Gentle exercises and walking group 11am Rosary 1pm Gelo Bar Bus Trip 1:30pm Computer Class	16 10am Mini Golf and other ball games 10:15am Wesley Bus Trip 11am Rosary 1:30pm Tombola
19 10am Gentle exercises & Men's Group 11am Rosary 1:30pm Tombola	20 10am Tai Chi 11am Rosary 1:30pm Tombola	21 9:30am Sicilia Cultural Group 1pm Lawn Bowls Bus Trip 1pm Movie Screening 3pm Rosary	22 10am Gentle exercises and walking group 11am Rosary 1:30pm Christmas Craft Group	23 10am Singalong and laughter therapy 11am Rosary 2:30pm Tombola
26 10am Gentle exercises & Men's Group 11am Rosary 1:30pm Tombola	27 10am Christmas Craft Group 11am Rosary 1pm Veneto Bus Trip 1:30pm Tombola	28 9:30am Christmas Decorating 10am Card Games 1:15pm Christmas Decorating 3pm Rosary and Mass	29 10am City Tour Bus Trip 10am Gentle exercises 11am Rosary 1:30pm November Birthday Party	30 10am Exercises with weights & Walking Group 11am Rosary 1:30pm Sandbar cafe bus trip 1:30pm Tombola