

Lifestyle Program – St. Claire

~ November 2018 ~

Mon	Tue	Wed	Thu	Fri
			1 10am Ten pin bowling 10:45am Housekeeping 1pm Mystery box 1pmm Social Group or Tombola 3:30pm Rosary	2 10am Music and Singing 1pm Bocce 2pm Gardening and walking 3:30pm Rosary
5 10am Beauty 1pm Doll therapy 2pm Ball games 3:30pm Rosary	6 10:15am Spring Carnival Event 3:30pm Rosary	7 9:45am Carlton Bus Tour 10am Rosary 10:30am Puzzles 1pm Card Group 2:30pm Lantern Making	8 10am Coffee Club 1pm Film and Gelato 2pm Bocce 3:30pm Rosary	9 10am Music and Singing 1pm Craft 2pm Balloon tennis 3:30pm Rosary
12 10am Tombola 1pm Craft Group 2pm Floor bobs 3:30pm Rosary	13 10am Exercises 10:45am Ten Pin Bowling 1pm Puzzles 2pm Men's Choir or Hand Massage 3:30pm Rosary	14 9:45am Studley Park Bus Tour 10am Rosary 10:30am Colour match game 1pm Cards 2:30pm Bocce	15 10am Coffee Club 1pm Reading Group 2pm Quoits and Darts 3:30pm Rosary	16 10am Music and Singing 1pm Housekeeping 2pm Ball games 3:30pm Rosary
19 10am Balloon tennis 1pm Sewing 2pm Bocce 3:30pm Rosary	20 10am Colour match game 10:45am Housekeeping 1pm Puzzles 2pm Floor bobs 3:30pm Rosary	21 10am Gentle exercises 1pm Sing-a-long 2pm Laughter therapy 3pm Rosary and Mass	22 10am Ten pin bowling 10:45am Gardening and walking 1pm Card games 2pm Film and Gelato 3:30pm Rosary	23 10am Music and Singing 1pm Reminiscence 2pm Ball games 3:30pm Rosary
26 10am Beauty 1pm Cooking 3:30pm Rosary	27 10am Exercises 10:45am Gardening and walking 1pm Hand Massage 2pm Ball games 3:30pm Rosary	28 9:45am Warrandyte Bus Tour 10am Christmas Decorating and Rosary 1pm Card Games 2pm Christmas Decorating	29 10am Coffee Club 1pm Reminiscence 2pm Birthday Parties 3:30pm Rosary	30 10am Music and singing 1pm Craft Group 2pm Balloon tennis 3:30pm Rosary