

LIFESTYLE PROGRAM - St. Francis

~ November 2018 ~

Mon	Tue	Wed	Thu	Fri
			1 10am Memory Games 1:15pm Rosary 1:45pm Social Group or Scrapbooking	2 10am Beauty therapy 1:15pm Rosary 1:45pm Movie and gelato 3pm Knitting Group
5 10am Exercises and ball games 1:15pm Rosary 1:45pm Diwali Craft Group	6 11am Spring Carnival Event 1:15pm Rosary	7 10am Carlton Bus Trip 10am Bocce 1:15pm Hand Massage 3pm Rosary and Mass	8 10am Ten Pin Bowling 1:15pm Rosary 1:45pm Afternoon tea in the garden 3pm Puzzle Club	9 10am Tombola 1:15pm Rosary 1:45pm Movie and gelato 3pm Laughter therapy
12 10am Coffee Club 1:15pm Rosary 1:45pm Memory Games 3pm Knitting Group	13 10am Exercises and ball games 1:15pm Rosary 1:45pm Men's Choir or Beauty therapy	14 10am Studley Park Bus Trip 10am Dolce Cooking 1pm Lantern Concert or Afternoon tea in the garden 1:15pm Rosary 3pm Weekly Quiz	15 10am Colour Match game 1:15pm Rosary 1:45pm Christmas Craft Group	16 10am House keeping Group 1:15pm Rosary 1:45pm Movie and gelato 3pm Doll therapy
19 10am Tombola 1:15pm Rosary 1:45pm Hand Massage 3:30pm Bocce	20 10am Balloon Tennis 1:15pm Rosary 1:45pm Laughter therapy 3pm Scrapbooking	21 10am Sicilia Cultural Group 1:15pm Rosary 1:45pm Puzzle Group 3pm Quoits	22 10am Exercises and ball games 1:15pm Rosary 1:45pm Movie and gelato 3pm Weekly Quiz	23 10am Beauty therapy 1:15pm Rosary 1:45pm Christmas Craft Group
26 10am Coffee Club 1:15pm Rosary 1:45pm Poetry Group 3pm Knitting Group	27 10am Ten Pin Bowling 1:15pm Rosary 1:45pm Fruit Platter Making	28 10am Warrandyte Bus Trip 10am Christmas Decorating 1:15pm Rosary 1:45pm Christmas Decorating 3pm Board Games and Puzzles	29 10am Colour Match game 1:15pm Rosary 1:45pm Birthday Parties 3pm Hand Massage	30 10am Tombola 1:15pm Rosary 1:45pm Movie and gelato 3pm Housekeeping Group