

# LIFESTYLE PROGRAM - St. Claire

~ June 2019 ~

Mon	Tue	Wed	Thu	Fri
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
10am Bocce	10am Gentle exercises	10am Rosary	10am Gentle exercises	10am Music and dancing program
1pm Quiet time and puzzle club	10:45am Ball Games	10:30am Reading Group	10:45am Ten Pin Bowling	1pm Quiet time and hand massage
2pm Coffee Club	1pm Quiet time and housekeeping	1pm Quiet time and photo reminiscence	1pm Quiet time or walking	2pm Bocce
3:30pm Rosary	3:30pm Rosary	<b>2pm Painting Group</b>	or Film and gelato	3:30pm Rosary
		3:30pm Rosary	3:30pm Rosary	
<b>10</b> Queen's Birthday	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
	<b>10am Coffee Club</b>	10am Rosary	10am Gentle exercises	10am Music and dancing program
	10:45am Reading Group	10:30am Beauty therapy	10:45am Ball Games	1pm Quiet time and puzzle club
	1pm Quiet time and Craft Group	1pm Quiet time or cards	1pm Quiet time and men's group	2pm Film and gelato
	3:30pm Rosary	<b>2:20pm Sam's illusion and comedy show</b>	2pm Balloon Tennis	3:30pm Rosary
		3:30pm Rosary	3:30pm Rosary	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
10am Bocce	10am Gentle exercises	10am Reading Group and ipad discovery	10am Gentle exercises	10am Music and dancing program
1pm Quiet time and hand massage	10:45am Ball games	1pm Quiet time and photo reminiscence	10:45am Ten Pin Bowling	1pm Quiet time and men's group
2pm Darts and Quoits Group	1pm Quiet time and card games	2pm Floor bobs game	1pm Quiet time and walking group	2pm Bocce
3:30pm Rosary	<b>2pm Men's Choir</b> or snakes and ladders	<b>2:30pm Mass</b>	<b>2pm Migration Day</b> or Film and gelato	3:30pm Rosary
	3:30pm Rosary		3:30pm Rosary	
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>10am Pasta making</b>	10am Gentle exercises	10am Rosary	10am Coffee Club	10am Music and dancing program
1pm Quiet time and Craft Group	10:45am Ten Pin Bowling	10:30am Reading Group	10:45am Ball Games	1pm Quiet time and hand massage
2:30pm Balloon Tennis	1pm Quiet time or puzzle club	1pm Quiet time and housekeeping	1pm Quiet time and card games	2pm Film and gelato
3:30pm Rosary	<b>2pm Questions and Answers Session</b>	2pm Colour match game or <b>Wildlife bus tour</b>	<b>2pm June Birthday Party</b>	3:30pm Rosary
	2:45pm Mini Golf	3:30pm Rosary	3:30pm Rosary	
	3:30pm Rosary			