


# LIFESTYLE PROGRAM - St. Francis

~ June 2019 ~

Mon	Tue	Wed	Thu	Fri
<b>3</b> 10am Beauty therapy 1:45pm Quiet time and knitting group 3pm Snakes and Ladders	<b>4</b> 10am Gentle exercises and ball games 2:30pm Housekeeping Group	<b>5</b> 10am Tombola 1pm Quiet time and puzzle club <b>2:30pm Mass</b>	<b>6</b> 10am Bocce <b>1:45pm Social group</b> or Beauty therapy 3pm Table bobs	<b>7</b> 10am Coffee club and Newspaper discussion <b>2pm Questions and Answers Session</b> 3pm Colour match game
<b>10</b> Queen's Birthday 	<b>11</b> 10am Balloon Tennis 2:30pm Doll therapy	<b>12</b> 10am Rosary 10:30am Bowling 1:45pm St. Anthony's Mass or hand massage <b>3:10pm Sam's illusion &amp; comedy show</b>	<b>13</b> 10am Tombola 1:45pm Quiet time and board games 3pm Sewing Group	<b>14</b> 10am Gentle exercises and ball games 1:45pm Art therapy Group
<b>17</b> 10am Colour match game 1:45pm Quiet time and card games 3pm Singalong group	<b>18</b> 10am Balloon Tennis <b>1:45pm Men's Choir</b> or beauty therapy 3pm Mystery sensory bag	<b>19</b> 10am Rosary 10:30am Gentle exercises and ball games 1:45pm Movie and gelato 3pm Family reminisce group	<b>20</b> 10am Bocce <b>1:45pm Migrant Day</b> or hand massage 3pm Word games	<b>21</b> 10am Coffee club and Newspaper discussion 1:45pm Quiet time and puzzle club 3pm Housekeeping group
<b>24</b> 10am Tombola <b>1:45pm Italian Cooking Group</b>	<b>25</b> 10am Bocce 1:45pm Art therapy group	<b>26</b> 10am Rosary 10:30am Snakes and Ladders 1:45pm Quiet time and massage 3pm Balloon Tennis	<b>27</b> 10am Ten Pin Bowling <b>1:45pm June Birthday Party</b> 3pm Table bobs	<b>28</b> 10am Gentle exercises and ball games 1:45pm Quiet time and travel discussion 3pm Housekeeping group