

## LIFESTYLE PROGRAM - St. Francis

~ June 2019 ~

Mon	Tue	Wed	Thu	Fri
<p><b>3</b></p> <p>10am Beauty therapy</p> <p>1:45pm Quiet time and knitting group</p> <p>3pm Snakes and Ladders</p>	<p><b>4</b></p> <p>10am Gentle exercises and ball games</p> <p>2:30pm Housekeeping Group</p>	<p><b>5</b></p> <p>10am Tombola</p> <p>1pm Quiet time and puzzle club</p> <p><b>2:30pm Mass</b></p>	<p><b>6</b></p> <p>10am Bocce</p> <p><b>1:45pm Social group</b> or Beauty therapy</p> <p>3pm Table bobs</p>	<p><b>7</b></p> <p>10am Coffee club and Newspaper discussion</p> <p><b>2pm Questions and Answers Session</b></p> <p>3pm Colour match game</p>
<p><b>10</b> Queen's Birthday</p> <div style="text-align: center;">  </div>	<p><b>11</b></p> <p>10am Balloon Tennis</p> <p>2:30pm Doll therapy</p>	<p><b>12</b></p> <p>10am Rosary</p> <p>10:30am Bowling</p> <p>1:45pm St. Anthony's Mass or hand massage</p> <p><b>3:10pm Sam's illusion &amp; comedy show</b></p>	<p><b>13</b></p> <p>10am Tombola</p> <p>1:45pm Quiet time and board games</p> <p>3pm Sewing Group</p>	<p><b>14</b></p> <p>10am Gentle exercises and ball games</p> <p>1:45pm Art therapy Group</p>
<p><b>17</b></p> <p>10am Colour match game</p> <p>1:45pm Quiet time and card games</p> <p>3pm Singalong group</p>	<p><b>18</b></p> <p>10am Balloon Tennis</p> <p><b>1:45pm Men's Choir</b> or beauty therapy</p> <p>3pm Mystery sensory bag</p>	<p><b>19</b></p> <p>10am Rosary</p> <p>10:30am Gentle exercises and ball games</p> <p>1:45pm Movie and gelato</p> <p>3pm Family reminisce group</p>	<p><b>20</b></p> <p>10am Bocce</p> <p><b>1:45pm Migrant Day</b> or hand massage</p> <p>3pm Word games</p>	<p><b>21</b></p> <p>10am Coffee club and Newspaper discussion</p> <p>1:45pm Quiet time and puzzle club</p> <p>3pm Housekeeping group</p>
<p><b>24</b></p> <p>10am Tombola</p> <p><b>1:45pm Italian Cooking Group</b></p>	<p><b>25</b></p> <p>10am Bocce</p> <p>1:45pm Art therapy group</p>	<p><b>26</b></p> <p>10am Rosary</p> <p>10:30am Snakes and Ladders</p> <p>1:45pm Quiet time and massage</p> <p>3pm Balloon Tennis</p>	<p><b>27</b></p> <p>10am Ten Pin Bowling</p> <p><b>1:45pm June Birthday Party</b></p> <p>3pm Table bobs</p>	<p><b>28</b></p> <p>10am Gentle exercises and ball games</p> <p>1:45pm Quiet time and travel discussion</p> <p>3pm Housekeeping group</p>