

LIFESTYLE PROGRAM St. Anthony and Padre Pio – December 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31					1
10am New Year's Eve Craft 1:30pm Tombola	10am Weighted exercises 11am Walking Group 1:30pm Tombola 3pm New Year's Eve Happy Hour	 ASSISI				10am Bocce
2	3	4	5	6	7	8
10am Christmas Craft 1:30pm Tombola	10am Weighted exercises 11am Walking Group 1:30pm Tombola	10am Tai Chi 1pm Bowling Bus Trip 3pm Christmas Singalong	10am Padre Pio Q and A with Paul 11am Card Games 1pm Sand bar café BT 1:30pm Christmas Craft	10am Beauty therapy and card writing 1pm Christmas Shopping bus trip 1:30pm Tombola	9am Lourdes Mass BT	10am Gentle Exercises
9	10	11	12	13	14	15
10am Tai Chi 1:30pm Tombola	10am Weighted exercises 11am Walking Group 1:30pm Tombola	1:30 Veneto Christmas Cooking 2:30pm Mass and rosary	10am Gentle Exercises 11am Card Games 1:30pm Tombola 3:45pm Piano Recital 5:30 Christmas Concert Bus Trip	10am Bocce 1:30pm Assisi Christmas Party	10am Gentle Exercises	10am Bocce
16	17	18	19	20	21	22
10am Beauty therapy and card writing 1:30pm Tombola	10am Kindergarten Christmas Party 11am Walking Group 1pm Williamstown Bus Trip 1:30pm Tombola	10am Christmas Farewell for Students 10:45am Tai Chi 2pm Zampognaro 3:15 Beauty therapy and gift wrapping 8pm X-mas lights BT	10am Weighted exercises 11am Card Games 1pm Four Beans Bus Trip 1:30pm Tombola 3:45pm Piano Recital	9:30am Banksia Park Walking Bus Trip 9:30am Christmas Movie Screening 2pm Assisi Worship Christmas Sing Along	10am Gentle Exercises	10am Bocce
23	24	25	26	27	28	29
10am Volunteer's Christmas morning Tea 10am St. Anthony's Q&A with Paul 1:30pm Tombola 8pm Christmas light BT	10am Weighted exercises 11am Walking Group 1:30pm Tombola 7:30pm Christmas Carols Screening	9:30am Christmas Mass 12pm Traditional Christmas Lunch	Buon Natale	10am Bocce 11am Cards Group 1:30pm Tombola	10am Gentle Exercises	10am Bocce