

LIFESTYLE PROGRAM St. Francis – December 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31					1
10am Floor Tombola 1:45pm Card Group 3pm Hand massages	10am Housekeeping Group 1:45pm Bocce 3pm Wheelchair walks	 ASSISI				3pm Mass
2	3	4	5	6	7	8
10am Christmas Craft 1:45pm Hand Massage 2:45pm Floor Tombola	10am Nails and Beauty 1:45pm Housekeeping Group 3pm Travel Reminisce	10am Rosary 10:30am Tombola 1pm Making the Presepio	10am Christmas Carols Sing along 2pm Setting up the Presepio	10am Gym Session with Physio 1:45pm Ten Pin Bowling 3pm Puzzle Group	9:30am Lourdes Mass Bus trip	3pm Mass
9	10	11	12	13	14	15
10am Nails and Beauty 1:45pm Photo Reminisce 3pm Housekeeping Group	10am Christmas trivia and quizzes 2pm St. Francis Christmas Party	10am Rosary 1:45pm Veneto Zuccotto Christmas Cooking	10am Floor Tombola 1:45pm Coffee Club and Painting in the Piazza	10am Gym Session with Physio 1:45pm Coffee Club - Feast of Santa Lucia	10am Tombola	3pm Mass
16	17	18	19	20	21	22
10am Balloon Tennis 1:45pm Card Group 3pm Hand Massage	10am Q and A with Paul 10:45am Christmas Discussion Group 1:45pm Sing along 3pm Bocce	10am Tombola 1:45pm Coffee Club and Zampogna 2:30pm Rosary and Mass	10am Ball Games 1:45pm Pasta Making	10am Gym Session with Physio 1:45pm Afternoon tea in the Piazza 3pm Wheelchair walks	10am Tombola	3pm Mass g
23	24	25	26	27	28	29
10am Nails and Beauty 2pm Ten Pin Bowling 3pm Walks in the garden	10am Balloon Tennis 1:45pm Photo Reminisce 3pm Christmas Carols and Presepio with Baby Jesus	1:30pm Christmas Games Buon Natale	 Buon Natale	10am Gym Session with Physio 1:45pm Coffee Club 3pm Sing along	10am Tombola	3pm Mass