

LIFESTYLE PROGRAM St. Catherine – February 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					11am Ball Games	11am BBQ 2:30pm Rosary & Mass
3	4	5	6	7	8	9
10am Gentle exercises in St. Anthony 1:30pm Tombola in Padre Pio	11am Hand Massage in St. Anthony 1:30pm Coffee Club	10am Painting activities 1pm Lawn Bowl BT 1:30pm Hand massage and beauty 2:30pm Rosary	10am Exercises and ball games 10am Lithgow Concert BT 1:30pm Housekeeping activities	10am Art and drawing 1pm Preston Market Bus Trip 1:30pm Weekly Movie Screening	11am Card Games	11am Knitter's Group 2:30pm Rosary & Mass
10	11	12	13	14	15	16
10am Gentle exercises in St. Anthony 1:30pm Tombola in Padre Pio	10am Kindergarten children Program 1:30pm Coffee Club	10am Painting activities 1:15pm Bocce 2:30pm Rosary and Mass	10am Exercises and ball games 12pm Pizza Lunch 1pm Lower Plenty Hotel Bus Trip 1:30pm Craft activities	10am Art and drawing 10am Darebin Parklands Bus Tour 12pm Valentine's Day Lunch 1:30pm Weekly Movie Screening	11am Ball Games	11am Memory Games and trivia 2:30pm Rosary & Mass
17	18	19	20	21	22	23
10am Gentle exercises in St. Anthony 1:30pm Tombola in Padre Pio	11am Carnevale Craft in St. Anthony 1:30pm Men's Choir	10am Painting activities 1pm Veneto Bus Trip 1:30pm Housekeeping activities 2:30pm Rosary	10am Q and A with Paul 10am Four Beans Cafe Bus Trip 11am Hand Massage 1:30pm Carnevale	10am Q and A with Paul 10:30am Art and drawing 1pm Shopping BT 1:30pm Dog therapy or Movie Screening	11am Gentle exercises	11am Knitter's Group 2:30pm Rosary & Mass
24	25	26	27	28	29	
10am Gentle exercises in St. Anthony 1:30pm Tombola in Padre Pio	10am Kindergarten children Program 1:30pm Coffee Club	10am Painting activities 10am Fin's Creek Reserve BT 1:30pm Craft activities 2:30pm Rosary and Mass	10am Exercises and ball games 1pm Ian Potter Gallery Bus Trip 1:30pm House keeping activities	10am Art and drawing 10am Warrandyte Bus Tour 1:30pm Weekly Movie Screening	11am Ball Games	Rosary everyday @ 11am until stated otherwise