

LIFESTYLE PROGRAM St. Claire – February 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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 ASSISI					Movie and gelato	BBQ Rosary & Mass
3	4	5	6	7	8	9
Morning tea in the courtyard and gardening Men's group Quoits and Darts	Wildlife Bus Tour Balloon Tennis Cards Group Coffee Club	Walking Group Gardening Puzzles Floor bobs	Exercises with the Physio 1:1 visits Bocce	Music and Dancing House keeping Ball Games	Movie and gelato	Nail Care Rosary & Mass
10	11	12	13	14	15	16
Morning tea in the courtyard and Gardening Hand massage Balloon Tennis	Warrandyte Bus Tour Kindergarten children Program Puzzles Tombola	Walking Group Gardening Quiet time and cards Coffee Club	Physio Exercises Q & A with Paul Ten Pin Bowling Italian Music Buttons, Fabrics and Sensory group	Music and Dancing Valentine's Day Lunch Reading group Tombola	Movie and gelato	Ball Games Rosary & Mass
17	18	19	20	21	22	23
Walking Group Gardening Puzzles Bocce	Carlton Bus Tour Music therapy Balloon Tennis Cards Men's Choir Coffee club	Morning tea in the courtyard Gardening Men's group Rosary and Mass	Exercises with the Physio House keeping Carnevale Ball games	Music and Dancing 1:1 visits Dog therapy	Movie and gelato	Nail Care Rosary & Mass
24	25	26	27	28	29	
Morning tea in the courtyard Gardening Hand massage Balloon Tennis	Bundoora Bus Tour Kindergarten children Program Puzzles Tombola	Walking Group Gardening Cards Ball Games	Exercises with the Physio Italian Music Buttons, Fabrics and Sensory group	Music and Dancing Reading Group Bocce	Movie and gelato	Rosary everyday @ 3:30pm until stated otherwise