

LIFESTYLE PROGRAM St. Catherine – March 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31					1
10am Card Games 11am Hand Massages 1:30pm Painting Group	10am Kindergarten kids visit 11am Easter craft 1:30pm Bocce in the music room					11am Memory Games and Trivia
2	3	4	5	6	7	8
10am Card Games 11am Hand Massages 1:30pm St. Patrick's Day Craft	10am Kindergarten kids visit 11am Doll therapy 1:30pm Bocce in the music room	10am Card Games 11am Individual visits 1pm Lawn Bowling Bus Trip 1:15pm Travel discussion in the music room	10am Bocce 10:30am Veneto Club Luncheon Bus Trip 11am Walking Group 1:30pm Coffee Club and traditional music	10am Studley Park Bus Tour 10am Card Games 11am St. Patrick's Day Craft 1:30pm Weekly Movie in the auditorium	11am Gardening Group	11am Knitter's group
9	10	11	12	13	14	15
	10am Music therapy 1:30pm Coffee Club and reminisce group in the music room	10:15am Guest speaker: Silvia Campo in the music room 11am Individual visits 2:30pm Rosary and Mass	10am Tombola 11am Yarra Cruise Bus Trip 11am Hand Massages 1:30pm Coffee club and Photo discussion	10am Card Games 11am Walking Group 1pm Station Pier Bus Trip 1:30pm Weekly Movie in the auditorium	11am Gardening Group	11am Ball Games
16	17	18	19	20	21	22
10am Card Games 11am Hand massages 1:30pm Painting Group	10am Kindergarten kids visit 11am Individual visits 1:30pm Men's Choir or coffee club	10am Bocce 1pm Irish Hotel Bus Trip 1:15pm Tombola in the tombola room	10am Wildlife bus tour 10am Gentle exercises in the music room 1:30pm St. Patrick's Day Social Group in the auditorium	10am Banyule walking bus trip 10am Card Games 11am Ball Games 1:30pm Weekly Movie in the auditorium	11am Gardening Group	11am Knitter's group
23	24	25	26	27	28	29
10am Card Games 11am Individual visits 1:30pm Easter Craft	10am Music therapy 1:30pm Coffee Club and housekeeping group	10am Calabrian cooking and lunch 1:15pm Memory Games in the music room 2:30pm Rosary and Mass	10am Q and A with Paul 11am Walking Group 1pm Shopping Bus Trip 1:30pm Weekly Movie in the auditorium	10am Card Games 1:30pm Senior style clothing shop open	11am Gardening Group	11am Memory Games and Trivia