

LIFESTYLE PROGRAM St. Francis – March 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31					1
10am Easter craft 1:45pm Singalong 3pm Gardening group	10am Cultural bus tour 10am music therapy 1:45pm balloon tennis 2:30pm housekeeping group				10am Tombola	2:30pm Rosary and Mass
2	3	4	5	6	7	8
10am Bocce 1:45pm St. Patrick's Day Craft 3pm Sing along	10am City Bus trip 10am Music therapy 1:45pm Ten Pin Bowling 3pm Hand massages	10am Word Games and trivia 2:30pm Rosary and Mass 3:15pm Housekeeping group	10am Gentle exercises and Ball Games 1:45pm Classic Movie 2:30pm Wheelchair walks	10am Beauty therapy and hand massage 1:45pm Pet therapy 3pm Gardening group	10am Tombola	2:30pm Rosary and Mass
9	10	11	12	13	14	15
	10am Bayside bus trip 10am Kindergarten Kids visit 11am Gardening Group 1:45pm Biscuit making	10:30am Beauty therapy and hand massage 1:45pm Italian short stories	10am Gentle exercises and Ball Games 1:45pm Classic Movie 2:30pm Wheelchair walks	10am Newspaper reading and discussion 1:45pm Coffee Club in the piazza 3pm Sewing Group	10am Tombola	2:30pm Rosary and Mass
16	17	18	19	20	21	22
10am Gardening Group 1:45pm Coffee Club 3pm Sing along	10am Music therapy 1:45pm Men's Choir or hand massages	10am Word Games and trivia 1:45pm St. Patrick's Day craft	10am Gentle exercises and Ball Games 1:45pm St. Patrick's Day Social group or Classic Movie	10am Beauty therapy and hand massage 1:45pm Pet therapy 3pm Bocce	10am Tombola	2:30pm Rosary and Mass
23	24	25	26	27	28	29
10am Easter craft 1:45pm Pasta making	10am Kindergarten Kids visit 10am Country bus trip 1:45pm Coffee club 2:30 Bocce	10am rosary 10:30am beauty and hand massage 11:45am Calabria cultural luncheon 1:45pm singalong	10am Gentle exercises and Ball Games 1:45pm Classic Movie 2:30pm Wheelchair walks	10am newspaper reading a discussion 11am Q and A with Paul 1:45pm Ten pin bowling 3pm Men's group	10am Tombola	2:30pm Rosary and Mass